

Beautiful Beauty

In beauty may I walk; with beauty above me, with beauty below me, with beauty all around me... ~ Navajo Blessing

Beauty holds faith with the deepest signature of individuality; it graces the passion of individuality when it risks itself...

Beauty emerges when the artist is absolutely faithful to the uniqueness of her own voice... ~ O'Donohue

What is Beautiful to you?

*What are you listening for in your world and in your sound to create beauty?
Be curious and educate yourself about what has been described as beautiful throughout history.
Refine and define your ideas of beauty.*

How do you create beauty for each sound that you make?

Are you making consistently beautiful music?

*What are the elements of a beautiful note, a beautiful tone, a beautiful line of music, a whole piece?
There are an infinite number of ways to create and shape a note. How beautifully are you doing this?
Consider how you begin and end each note? How are beginnings different from the middle or endings?*

What makes all of these beautiful? What about the subtle aspects of beauty?

How are they all of these elements of beauty connected to the whole of what is Beautiful?

More Ideas: Read and be inspired by the book Beauty, by John O'Donohue

Listen: podcast of On Being, interview with John O'Donohue **CP:** [John O'Donohue.soundstrue.com](http://JohnO'Donohue.soundstrue.com) **Look:** [John O'Donohue on Beauty](#)

Improvisation

Music enriches your soul.... through art you can be shown a part of yourself you never knew existed. ~ Bill Evans

●●● WHERE TO BEGIN? ●●●

1. Select a key. Like C Major.
Begin on C, home, then go away from home
and return to home, C.
You may use some common musical outlines
at first such as, C- E -G -C.
2. You may focus on expressing a feeling in sound.
3. Create colors in sound, a sound painting.
Create shapes in sound.
4. Play just one note, in a myriad of ways.
5. Improvise a melody you like.
6. Try the Blues - F, Ab, Bb, B, C, Eb F
7. Explore Time ~ Rhythm ~ Silence

Free Yourself!

It's a journey!

Traveling,

in sound,

from one city, country, world to another..

There are many ways to go from here to there..



Play! **Groove!** *Create!* **Jam!**



More Ideas: Improvise everyday... by yourself and with friends! **Listen:** www.hubertlaws.com **CP: & Look:** [30 years of Hubert Laws](#)