

Beautiful Notes

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"Beauty emerges when the artist is absolutely faithful to the uniqueness of her own voice..." ~ O'Donohue

1. Use your **whole body** as a **resonating** instrument.
2. How you **listen** creates beauty.
3. Every note, every sound has a **shape** with a **beginning, middle** and an **ending**.
4. Use your **Tone to do's** to vary how you practice and beautify your tone.

Breathe in tempo

tempo ♩ = 60 or slower

Flute

How beautiful, luscious, rich, flowing, colorful, dynamic, supple, sensitive, pure, authentic... is each note?

How consistently beautiful is each note at the **beginning, middle** and **end**?

Is your **breathing** a part of the beauty you are creating?

Are you using your **vibrato** in an **expressive** way?

Are you trying some **vowel shapes** to beautifully color your tone?

How are your **dynamics** creating beauty, **shape** and **line**?

How is your **intonation** creating beauty?

What is **beautiful** to you?

Also, use **Harmonic** Fingerings for top register. See T & T Exercise

How is your **body**? Is your neck **free** (alexander directions) and your whole body **balanced** and **resonating**?

Beauty above, beauty below, beauty all around...

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