

# Octave + 1/2 Step with Harmonics

1. Listen and feel the sound you are creating.
2. Harmonics can help with air speed, pressure, embouchure flexibility and tone colors.
3. Try different cues and harmonics to bring your sound to life.
4. Include your whole body, mind, spirit and the space you are playing in.

Learn these by heart so you can listen and and sense more about the kinds of sounds you are creating. Repeat each section going backwards. Below are more practice cues. Choose between harmonic fingering and real.



*"How"* # Variation  
 breathe in time, as part of music  
 add a scale b/w octave

expressive phrasing  
 emotional vibrato  
 beauty of intonation

soft, light shoulders  
 soft relaxed tongue  
 vowels: tah, ah, oh, ah, oo  
 singing sound

8  
 start  
 release  
 spacious oral cathedral  
 listen... feel it and be moved by what you are playing

16  
 counted vibrato in 5's  
 spin your sound, sculpt your phrases  
 centered, aligned & intune?

23  
 still centered & aligned?  
 how are your releases?  
 how is the start of each note?  
 how is the middle of each note/phrase?

30  
 aligned & beautifully intune?  
 flutter tongue  
 sing & play  
 liquid legato

37  
 intonation & color  
 air speed, pressure and flow  
 ribs & resonance  
 still centered & aligned?

44  
 look in mirror  
 supple, flexible lips  
 release muscle tension  
 open & singing

51  
 spacious sounds  
 spin, air speed & support!  
 connection to core energy in body & sound  
 play with your whole body, mind & spirit!

*Winding*  
*tough air keep*  
*make a choice*  
*Lift Left Leg*

- \* Variations:
1. Backwards
  2. Major or minor scale b/w octave.
  3. Chromatic scale b/w octave.