

## **Creative Flutist 7~T&T Plans**

## 7 Plans & Levels To Organize Your Tone & Technique Practice:

Begin with #1's or have your teacher find the best level for you. Practice it for at least a week before moving on to the next #'s. If you are advanced practice a # every day. Happy Practicing!

## **TONE**

**#1:** Lovely Long Tones - Flute Flow Studies - Flute Flexibility

- #2: Beautiful Notes Magic Carpet Harmonics Roller Coaster on F
- **#3:** Tone & Tuner I Creating Your Sound Interval Intimacy
- #4: Tone & Tuner II 4 Styles of Vibrato Harmonics I, Melodies
- **#5:** Beautiful Notes CJ Power Warm Ups, Melodies
- #6: Tone & Tuner II Creating Your Sound CF Harmonics, Melodies
- #7: CF Chrom. Long Tones 4 Styles of Vibrato CF Vocalize, Melodies

## **TECHNIQUE**

- #1: 5 Note Major Scales 2 Octave Major Scales Major Arpeggios Chromatic 3 Octaves
- #2: 5 Note Minor Scales 2 Octave Harmonic Minor Scales Minor Arpeggios Full Chromatic
- #3: Precision & Flow CF Extended Scales Major Scales Major Arpeggios- Chrom. T & G #5
- #4: Finger Exercises Whole step CF Extended Minor Scales- Chrom. T & G #5
- #5: Finger Exercises M & m 3rds Full Range M & m Scales Chrom. T & G #5
- **#6:** Full Range M & m Scales & 3rds Chrom. T & G #5 & 10
- #7: Creative Flutist Scales A'la T & G #4, plus M & m 3rds Gilbert Chrom. T & G #12